



THE SUSTAINER

Published Quarterly

For the Soldiers and Civilians of the "Cast Iron Brigade"



Spring Issue 2012



JBLM Logistics Center Gate

Photo by: Greg Bourgeois

Pacific rains and cold weather produced one of the worst ice storms the Pacific Northwest has seen in the last 16 years closing JBLM from 18-20 Jan 12

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Major William Prince Jr, AFSBn-AK, 4-25th Airborne Brigade Combat Team (ABCT) Brigade Logistics Support Team (BLST) Chief. MAJ Prince departed for Afghanistan from Joint Base Elmendorf-Richardson (JBER) with the brigade in support Operation Enduring Freedom.





The recently published 2012 Army Posture clearly states the Army will continue transforming in a world of uncertainty. The enemies of our Nation are adaptive and unpredictable and no doubt are reassessing their techniques and tactics. The Army, the corner stone of our Nation's Defense and Power Projection capabilities, will also evolve and adapt to continue to win on the battlefield. Army Materiel Command is critical in the process of maintaining a state of materiel readiness against established priorities enabling global power projection. Brigade support will also transition as we to support a smaller Army with reduced budgets. But we are innovative, efficient and will excel in this process. Each of us are stewards of our national resources and must be conscious in our business practices ensuring we remain creative, lean and cost effective in fulfilling our mission obligations. I see the future DOL integration as a near term opportunity to combine the best practices of both organizations, to build collaborative teams that will personify excellence in all we do. We will set the standard. We must not forget the 404th AFSB's area of responsibility combines three FEMA regions. These regions have

seen their share of disaster including: volcanoes, earthquakes, extreme weather, forest fires and tsunamis. Our team will remain trained, vigilant and prepared to provide Defense Support to Civil Authorities at a moment's notice. I am incredibly optimistic about our future and truly proud of your professionalism and personal dedication. I look forward to an exciting year and seeing each of you as I travel throughout the 404th AFSB's footprint. I want to once again take this moment also thank each of you and your families for all that you do in providing "Cast Iron" support to our Nation and her soldiers. "Sustain to Win."



Sustain to Win



Change and stay relevant. As many of you have seen, our mission is changing as well as our Army. Understanding change and outcomes are critical to our success. If you do not understand the change, ask the question. We must continually stay relevant to embrace change and be able to refocus quickly. Adaptation is an overused word for being flexible, but they have very different meanings. A person who is flexible just accepts change whereas an adaptive person understands, embraces and looks forward to the next change. It is our professional responsibility to stay adaptive and relevant and there are many different venues to gain insight. Remember relevant is only a point in time and not a steady state where you can stop and smell the roses. We are a very professional organization that does extremely well in candid conversation, which is a valuable way to stay current and relevant. I challenge each of you to read something that expands your horizons to give you greater insight to not only our organization, but to our nation and global influences. We are not the "Army of Old", having a firm historical foundation influences our ability to understand change and stay relevant. Ask this question everyday, "what have you learned today and with who did you share it?"

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ELECTION YEAR ETHICS BY TOM EDWARDS

We're entering a big election year and many soldiers and civilians are enthusiastically supporting their favorite candidate, but along with being a federal employee come restrictions on political activities. The [1939 Hatch Act](#) (1993 Amendment) prohibits federal employees from engaging in many partisan political activities, especially in the workplace or while on duty. Although the Hatch act does not apply to military, the Department of Defense Directive 1344.10, limits political activities by military members of the armed forces. Some of the common "do's & don'ts" to keep in mind: While "bumper stickers" are O.K. for our personal vehicle, they can't be displayed in the workplace, this also applies to partisan photographs (including the current president running for reelection), campaign buttons and t-shirts. Making campaign contributions are allowed, but we can't use a government computer to make an on-line donation. Further, we're prohibited from using government computer to send emails endorsing partisan support, even if it is after duty hours. Since we're prohibited from participating in political activity while on duty or in any room or building during the discharge of our official duties, we need to use discretion during "casual" conversations at the water cooler, as the banter could be misconstrued as engaging in political activity while wearing a uniform or using our position as a DoD employee subject a subordinate or co-worker to undue influence. **Violation of the Hatch Act has serious consequences, starting with a 30 day suspension, loss of pay, adverse security clearance action and will likely end in termination.**

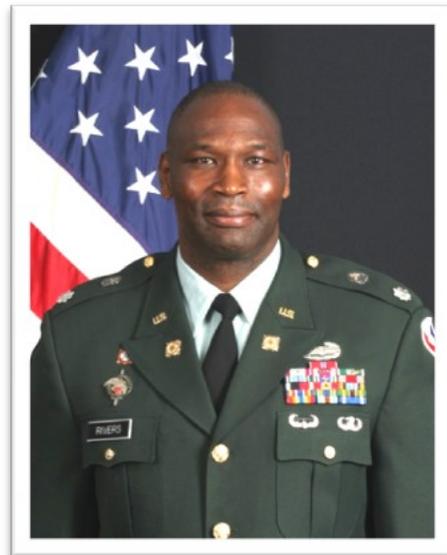


Home Survival Disaster Preparations. The time to worry about surviving is before disaster strikes. The Pacific Northwest is a prime location for earthquakes, volcanoes, tsunamis and most likely crippling winter snow storms. The most likely failure will be power. Ask yourself how will that impact my family in the best of circumstances and the worst (freezing winter storm with closed roadways). You should have enough high energy food (MREs) and bottled water for three days. It is highly recommended if you live in a colder climate to have an alternate heating source (matches) with sufficient fuel and one sleeping bag and blanket per person and a large blue tarp. Every member of the family should have a small AA flashlight. Keep a supply of unscented candles to be used with caution. Those with special medical needs should be at the forefront of your concern especially if medicine or formula must be refrigerated. A good first aid kit is a wise addition under any circumstances. Keep a portable cooler available and chemical ice packs in the freezer. Insure you have surplus toilet paper, moist towelettes and paper towels and some bleach to be used to sterilize water if required. Keep as much as you can in a larger Rubbermaid storage container(s) marked "Survival Kit." Consider a roughneck jumbo with wheels and put it in a place is known and accessible by all. Don't forget your pets and check on elderly neighbors. If you are using an alternate heating source be aware of carbon monoxide poisoning. Keep some games and books available to help pass the time. [Click Here](#) and [Here](#) for more info.



FAREWELL LTC NATHANIEL RIVERS

On 10 February 2012 LTC Nathaniel Rivers will transferred authority of Army Field Support Battalion-Alaska to LTC Andrew J. DeKeever. After 30 years of dedicated service to this great nation LTC Nathaniel (Big Bad Wolf 6) and Mrs. Ramona S. Rivers will retire and begin a new chapter in their lives. The Rivers family will be greatly missed by all. LTC Nathaniel Rivers was born and raised in Charleston, South Carolina; he attended both elementary and high school in the local area. LTC Rivers earned an athletic scholarship to South Carolina State College after a highly decorated high school athletic career where he excelled in football, basketball and track culminating with the retirement of his football jersey - a first at his high school of over 1200 students. He continued his success at SCSU earning College All Conference First Team, Conference Player of the Year and named as the Washington Pigskin Club Player of the Year (which is now Black College Player of the Year). LTC Rivers was elected into the SCSU Hall of Fame in 1998 and as one of the top 100 players in the school's 100- year history in 2008. His accomplishments also carried into the classroom as he completed all requirements for a Bachelor of Science Degree in Elementary Education. In 1980, he earned a Masters Degree in Organizational Management, with a concentration in Human Resources from the University of LaVerne, CA. Among his other noted athletics achievements, he also played football at the professional level for the New York Giants from 1979-1982.



In August of 1982 he entered the U.S. Army as an enlisted Soldier and completed Infantry Basic Training and AIT at Fort Benning, Georgia. He was first assigned the I1B skill set identifier, where he served in a number of jobs such as Fire Team Leader, Squad Leader and Platoon Sergeant. He achieved the rank of Staff Sergeant in only 5 years. In October 1986, he entered Officer Candidate School and was commissioned as a 2nd Lieutenant in the Infantry in February of 1987. Upon completion of the Infantry Officer Basic Course, LTC Rivers was assigned to A Company, 6/502nd Infantry Battalion, Berlin Brigade, Germany. He served as an Alpha Company Platoon Leader, Scout Platoon Leader and later Executive Officer.

Following a branch transfer to the Ordnance Corps, LTC Rivers attended the Ordnance Officer Advance Course and was subsequently assigned to the 706th Maintenance Battalion, 6th Infantry Division, Fort Richardson, Alaska where he served as the Adjutant and commanded the 98th Maintenance Company. After command, he served as the Division Materiel Management Officer. LTC Rivers served four tours in Korea, in his initial tour he was assigned to the 19th TAACOM, a theater level management unit as the Chief, Operations Division- a job normally held by a Lieutenant Colonel. On his second tour he was assigned to the 34th Area Support Group as the Chief of Plans and Operations. Upon completion of his second tour in Korea, he was assigned as the Support Operations Officer and later as the Executive Officer of the Special Troops Battalion, Fort Richardson, Alaska. LTC Rivers deployed to Bosnia as an Assistant Inspector General where he routinely conducted briefings for top officials from the Serbian, Croatian and Bosnian Army. His third tour in Korea landed him on the 8th Army G4 staff as the Chief of the Maintenance Division. After that assignment he was assigned to I Corps, Ft Lewis, Washington in the G4 staff as the Chief, Plans and Operations Division. After 14 months at I Corps, he was assigned back to Korea as the Deputy Commander for Combat Support Coordination Team #1 located in Wonju, Korea. He later became the Commander for CSCT#1 for 14 months. He returned to Alaska in May of 2007 and assumed the job as the Joint Base Integrator to establish the baseline effort for joint base integration in Alaska. In Jan 2008, he deployed in support of Operation Enduring Freedom (OEF) where he was assigned to both the 82nd (6 months) and the 101st AB Division (7month) as the Joint Task Force Deputy CJ4. Upon his return to AK in Jan 2009, he served as the Director of Logistics and later moved to AMC (Aug 2009) to his current job as the Commander, Army Field Support Battalion- Alaska (AFSBn-AK).

LTC Rivers' list of achievements include the Army Airborne Course, Army Air Assault Course, Platoon Confidence Training, French Command Training, Unit and Organizational Supply Course, Standard Army Maintenance System Course, Combined Arms and Service Staff School, the Logistics Management Development Course, Support Operations Course and the Army Inspector General Course. He is also a graduate of the Army Command and General Staff College. His awards and decorations include the Bronze Star, Defense Meritorious Service Medal (with 2 oak leaf clusters), Army Meritorious Service Medal (with four oak leaf clusters), Army Commendation Medal (with seven oak leaf clusters), Joint Service Achievement Award, Army Achievement Medal (with oak leaf clusters), Army Occupation Medal, Good Conduct Medal, Overseas Ribbon (9th Award), Army Service Ribbon, National Defense Service Medal W/OL, NATO Medal, Armed Forces Expeditionary Medal, Global War on Terrorism Medal, Korean Defense Service Medal, Non-Commissioned Officer School Ribbon (3rd Award), Parachutist Badge, Air Assault Badge, Expert Infantry Badge, the Combat Action Badge and the Samuel Sharpe Award.

Welcome LTC Andrew Dekever

Army Field Support Battalion-Alaska is honored to receive incoming Commander, LTC Andrew Dekever. LTC Dekever's vast military and civilian education and extensive, relevant experience will enable Army Field Support Battalion-Alaska to continue successfully meet all mission requirements, please join us in welcoming him to the team.

LTC Andrew J. DeKever was commissioned a 2nd Lieutenant in the U.S. Army upon his graduation from the University of Notre Dame in 1995 with a Bachelor of Arts Degree (summa cum laude) in Government and International Relations. After briefly serving with Army ROTC Cadet Command at Fort Knox, Kentucky, he spent a year in Dublin, Ireland, where he earned a Masters of Philosophy Degree in Peace Studies from the Irish School of Ecumenics at Trinity College. While in Ireland, Lieutenant Colonel DeKever also worked at the Defense Attaché Office.



Upon his return to the U.S., LTC DeKever completed his Officer Basic Course as a Field Artillery officer at Fort Sill, Oklahoma, as well as the M109A6 Paladin Commanders Course. He then deployed to South Korea for the next year, where he served as an armor company Fire Support Officer with 1st Battalion, 15th Field Artillery Regiment; as the Assistant S4 for 2nd Infantry Division Artillery and as the Executive Officer for Headquarters and Headquarters Battery, 2nd Infantry Division Artillery.

LTC DeKever next was assigned to Fort Lee, Virginia, where he served as a Platoon Leader and Executive Officer with 16th Quartermaster Company (Field Services) before completing the Combined Logistics Captains Career Course and the Petroleum Officers Course.

LTC DeKever then served at Fort Drum, New York, as the commander of Headquarters and Headquarters Company, 10th Division Support Command and as the S3 for 548th Corps Support Battalion. While serving as the S3, he deployed to Iraq and Kuwait for the start of Operation Iraqi Freedom.

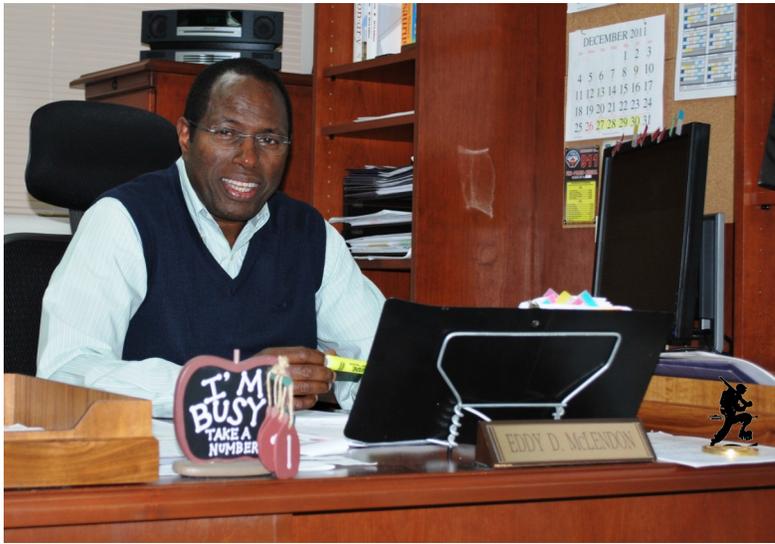
When he returned home, LTC DeKever earned a Master of Arts Degree in Political Science from Syracuse University. He then served for three years as an Assistant Professor in the Department of Social Sciences at the United States Military Academy at West Point, New York. While at West Point, Major DeKever taught classes on International Relations, Politics of China, and Politics of Japan and the Koreans. He also briefly interned in the J-5 section of the Pentagon; was a guest of Taiwan's Ministry of Defense for a multi-national conference in Taipei on the Chinese People's Liberation Army and also published the book, [Here Rests in Honored Glory: Life Stories of Our Country's Medal of Honor Recipients](#).

LTC DeKever next returned to Fort Drum, where he served as the head of the Contracting Branch for 10th Sustainment Brigade during the first seven months of their deployment to Iraq. He then transferred to Afghanistan for six months to serve as the Support Operations Officer for 3rd Brigade Combat Team, 10th Mountain Division during combat operations in Logar and Wardak provinces. He also served in garrison as the S3 for 710th Brigade Support Battalion.

LTC DeKever's most recent assignment was to attend the Command and General Staff College's Intermediate Level Education at Fort Leavenworth, Kansas.

His awards and decorations include the Meritorious Service Medal (with 2 oak leaf clusters), the Afghanistan Campaign Medal, the Iraq Campaign Medal, the Global War on Terrorism Expeditionary Medal, the Korea Defense Service Medal, the Meritorious Unit Commendation and the Air Assault Badge. LTC DeKever is a native of Mishawaka, Indiana and is married to the former Mary Goldthrite of Carthage, New York. They are the proud parents of

EDDY MCLENDON AN ICON OF EXCELLENCE RETIRES



Mr. Eddy D. McLendon, Chief, of Personnel and Administration (SI) at the 404th AFSB, Joint Base Lewis-McChord will retire this April culminating in 45 years of public service, 15 years as a civilian and 30 years of military service, to the Nation. Eddy has served as the S-1 from 9 July 2006 to 30 April 2012. Mr. McLendon began his Army civilian career with the 2nd Infantry Division (ID), US Army Health Clinic at Camp Casey, Korea where he served as Administrative Officer from May 1998 through June 2000 supervising 90 military and civilian personnel and managing the administrative support services for the health clinic. He was instrumental in developing required agreements between 2nd ID and the 18th Medical

Command to ensure Soldiers received adequate medical support while serving at the front lines of the Korean Peninsula in support of National Strategic objectives. Mr. McLendon returned to the Continental United States (CONUS) in 2000 as the Administrative Officer for the Brooke Army Medical Center, Department of Obstetrics and Gynecology, Fort Sam Houston, Texas. He served in that position from June 2000 to November 2002. Mr. McLendon again returned to serve overseas in November 2002 when he was selected for a promotion as the Chief, Personnel and Administration, SI with the 837th US Army Transportation Battalion in Pusan, Korea from November 2002 through June 2006 Mr. McLendon proved to be an outstanding planner and organizer and mentor to subordinate and seniors alike. Mr. McLendon's reputation as an excellent Administrative Officer preceded him and he was actively recruited to fill the 404th AFSB's first Chief, Personnel and Administration (SI) position. He was recognized by Army Sustainment Command (ASC), as having the best SI Operation of all seven Army Field Support Brigades worldwide and has proven himself as the lynch pin to this command's ability to take care of its workforce. His attention to detail and supportive relationships with multiple Civilian Personnel Advisory Centers (CPAC) resulted in this brigade hiring over 80 highly skilled personnel during his tenure. Eddy has earned his retirement and is looking forward to relaxing under a tropical sky. Eddy you have helped so many and will be missed by all. Good luck in all your future endeavors.

TRICARE Dental Program. Effective May 1, 2012, MetLife will become the dental carrier for the TDP. MetLife will begin providing dental coverage to over 2 million family members of uniformed service active duty personnel, members of the Selected Reserve and Individual Ready Reserve, their eligible family members, and Survivors. Beneficiaries will have access to MetLife's network with over 161,000 dentist access points, and this number continues to grow. Additional information about the contract is available at www.tricare.mil/TDPcontract and benefit updates are available at www.tricare.mil.



Husky Arrives On-Island by LTC Bruce Lloyd

In early January, the Army Field Support Battalion– Hawaii received a complement of four Husky Route Clearance Vehicles to bolster its expanding Pre-Deployment Training Equipment (PDTE) fleet. Adding the Husky to the AFSBn-HI's PDTE fleet fulfills a critical route clearance training capability gap for both 8th TSC and 25th ID units. Program Manager Assured Mobility Systems (PM-AMS) is currently on contract to maintain route clearance equipment in Theater as well as on-island.



Originally manufactured in South Africa for mine clearing operations, the Husky is a single occupant, four-wheel drive vehicle designed with a robust V-hull to withstand brutal blasts that would normally obliterate a typical armored vehicle. The Husky's unique modular design provides additional survivability. Simply put, the vehicle can be blown apart with the V-Hull still intact and then be reassembled to be fully mission capable. The Husky's primary function is to serve as the Army's platform for the Husky Mounted Detection System (HMDS). As Improvised Explosive Devices (IED)

account for the most casualties in theater, the Army has turned to the Husky in the fight against IEDs by safely



detecting and marking their location for future removal and thereby increasing mobility for US and Coalition forces across the battlefield. The HMDS employs new ground-penetrating radar (GPR) technology capable of detecting both metallic and non-metallic IEDs and their components. The PDTE version of the HMDS consists of an HMDS Surrogate training device designed to provide operators realistic feel and feedback. The AFSBn-HI stands ready to maintain and issue the Husky and other PDTE to units training in preparation for deployment in order to ultimately improve unit combat

readiness. According to Joint IED Defeat Organization (JIEDDO), "The Army has an immediate need for a cost effective training solution which will improve the training and readiness of the Warfighters operation in environments where Improvised Explosive Devices (IEDs) are employed against our military forces. This training solution should facilitate frequent use during pre-deployment training at home station as well as enabled sustainment training under deployed conditions. The training opportunities that will be provided by this new solution will significantly improve combat readiness and force protection by drastically reducing combat losses caused by IEDs."

Software Update Helps to Prevent HMMWV Transmission Failure

TACOM LAR Kevin Jackson is assisting in updating software for the Transmission Control Module (TCM) found in selected HMMWV models. This process is also referred to as “Flashing the TCM”. The new software protects the TCM from a transient voltage surge, induced by disconnecting the slave cable prior to voltage stabilization. Without this update the transmission defaults to 2nd gear and inexperienced operators may inadvertently destroy the transmission. The software also impacts the Transmission Indicator Lamp; the light will turn on if there is a TCM trouble code that impacts the mobility of the vehicle. The goal is to update the TCMs



for the Active Army, National Guard and Reserve units worldwide. Although a follow-up MAM is currently being drafted to broadcast requirements, TACOM has taken the initiative to train the soldiers to apply the update, saving a significant amount of taxpayer dollars.



LAR Kevin Jackson instructs SPC Jonathon Vinas, 553 MP CO, 728th MP Bn, 8th MP BDE on the puck “flash” which is used to for software upgrades on the TCM.



Richard Kaumans, Training Officer, 404th AFSB.

Richard (Rich) Kaumans came to the 404th Army Field Support Brigade as the Training Office in June 2007 as a contractor, after serving in the U.S. Army for 28+ years. He retired here at Joint Base Lewis-McChord, WA where he served as the Deputy G-4, I Corps from Aug 2001 to his retirement May 2007. Rich became a Department of Army Civilian (DAC) in September 2008, after his contract ended. Upon his arrival to the 404th AFSB he quickly became familiar with what an Army Field Support Brigade (AFSB) was, and how one operated. He jumped right in and developed a Mission Essential Task List (METL) depicting the Brigade’s operating tasks and how to maintain proficiency in all tasks. Within two months on the ground he developed the FY 2008 Training Guidance depicting how the Brigade would train. This task has been accomplished each year thereafter as well. Rich also puts together the Semi Annual Training Briefings presented to the Army Sustainment Commander. One of the several automated systems Rich uses for to request and track training is the Total Employee Development System (TEDs). TEDs is the Army Materiel Commands primary training tool for administering training as well as tracking each individuals training progress. This system has improved the training level for all assigned Brigade personnel since its fielding in October 2007. Besides performing the duties as the Training Officer, he also is the Brigade Historical Officer and Readiness Officer (Unit Status Report). In performing as the Readiness Officer, he has refined the Brigade Mission Essential Task List several times in conjunction with the Army Mission Essential Task Board. Last March Rich joined a growing group of senior personnel within the Brigade who have celebrated their 60th birthday. One final note from Rich: **GET YOUR TRAINING DONE., THANK YOU VERY MUCH!!**



Leafaina O. Yahn

COL, LG
Commander

Gregory L. Alderete

Public Affairs Officer

The 404th AFSB Sustainer is an authorized, unofficial publication distributed IAW AR 360-1 for members of the 404th Army Field Support Brigade and is published quarterly. The editorial content of this publication is the responsibility of Mr. Greg Alderete, 404th Public Affairs Officer who may be reached by writing to the 404th Army Field Support Brigade, ATTN: Public Affairs Officer, MS 25, Box 339500, Joint Base Lewis McChord, 98433-9500. The PAO is also available via commercial telephone at 253-477-1469 or FAX at 253-966-6199 or via email gregory.alderete@us.army.mil

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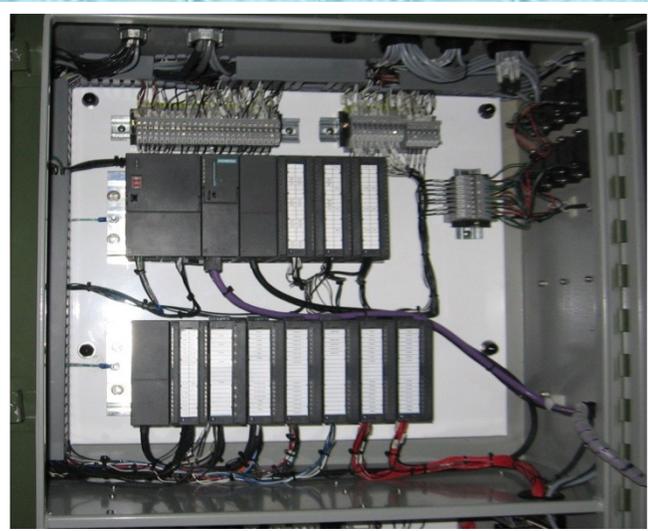
SUDS AND SURF

Last November, Product Manager– Force Sustainment Systems (PM-FSS) fielded four new D model Laundry Advanced Systems (LADS) to the 540th QM Company, 45th Sustainment Brigade at Schofield Barracks, Hawaii. The LADS is a water-based, mobile field laundry system capable of washing up to 500 soldiers' laundry per day. The system consists of large washer and dryer units, 30kW generator, 400 gallon fuel tank and a water recycling system, all mounted on a 40' M871 trailer. According to PM-FSS, “The LADS will recycle approximately 97% of the water used in the laundry process, reducing water consumption to under 500 gallons per day as compared to over 20,000 gallons for the four M85 operation, with only 20 gallons of waste produced. The system is run by two operators per 10-hour shift, two shifts per day, resulting in a 75% manpower reduction compared to the four M85 operation”.

The D model LADS provides an improved laundry system control and human-machine interface over the legacy C model LADS. TACOM SBC LAR Rob Amano, a specialist in LADS operations assisted Soldiers of the 540th QM Company with sustainment level training on the newly fielded LADS D model. The LADS D model improves the control system and operator interface over the LADS C model.



TACOM Logistics Assistance Representative Robert Amano demonstrates to SPC Poti the primary differences between the D model and C model LADS.



**THE CONTROL SYSTEM FOR THE NEW
“D MODEL” LADS**



THE HUMAN INTERFACE ON THE NEW



Sam Dresel and Bernie Mabini (AFSBn - Lewis) and Ellen Walker and Greg Alderete (404th AFSB) prepare for the 2011 Olympia Toy ride.



Farewell to LTC Nat Rivers



Ed Woo and his wife Young-mi celebrate his recent promotion to Major



Ms. Sue Dryden, Deputy Assistant Secretary of Defense (Materiel Readiness) is briefed by Mr. Scott Shields from Directorate of Logistics Joint Base Lewis McChord (Mr. W. Arnold Pindle, Deputy to the Commander is on the far right.)

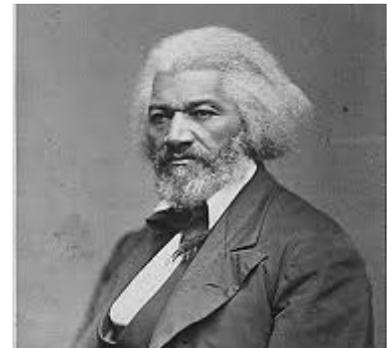
Equal Opportunity Assistance is available by contacting the 404th AFSB Representative



Hello, I am **SFC Mark Walters**, the Equal Opportunity Leader (EOR) for the 404th AFSB. I am available to offer advice and training for our military personnel. Each quarter as your EOR, I am required to ensure each of you receives training on Equal Opportunity, Prevention of Sexual Harassment, and Consideration of Others. If you have any questions or issue, I may be reached through the Public Affairs Officer at 253-477-1469 or email to the Emergency Operations Center at Lewis404AFSBEOC@CONUS.Army.mil

February is Black History Month

Black History Month was established by the Harvard educated scholar Dr. Carter G. Woodson beginning February 1926 in an effort to celebrate and acknowledge the achievements of African Americans and keep Black heritage, traditions and histories alive. Dr. Woodson was born to parents who were former slaves. He spent his early childhood working in the Kentucky coal mines and enrolled in high school when he was 20. He graduated in two years and eventually went on to earn his Ph. D from Harvard. Woodson choose the second week of February for this focus to celebrate the birth month of two great leaders who fought to end slavery: Abraham Lincoln and Frederick Douglas. The Association for the Study of African American Life and History the organization started by Woodson in 1915, designates the annual theme for Black History Month. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.



Army Lieutenant General Vincent Brooks, CG US Army Central Command; General Lloyd Austin, Vice Chief of Staff of the Army and Lieutenant General Dennis Via, Deputy CG, Army Materiel Command.

THE SEQUALITCHEW CREEK TRAIL



The Sequalitchew Creek Trail, located in DuPont, WA just beyond the boundaries of Joint Base Lewis McChord's Range 101, you'll find the remnants of what was the DuPont Company's Powder Works Ammunition Plants narrow gauge (less than 4ft 8.5 in) railroad and steam plant. Narrow gauge cost significantly less, required smaller infrastructure and could navigate steeper inclines and curves. The DuPont Ammunition Plant moved ammunition from assembly and storage areas to ships, in the Puget Sound using a narrow gauge railroad. One of the last surviving narrow gauge train engines and cars was relocated to the Fort Lewis Museum in 1977. The only other known narrow gauge Engine and cars are located at the City of DuPont's museum.



AND THE LITTLE ENGINE

Time and Pacific Northwest weather has taken its toll on these classic rail pieces. However, now with the assistance of a group of local rail enthusiasts, including members of the 404th AFSB, there is a move afoot to begin restoring the engine and several cars located in DuPont, Washington. The group expects to have the renovation complete by the fall of 2012.



By David Halliday



Volunteers take measurements at the Fort Lewis Museum to assist in the restoration of like rail pieces located at the city of DuPont's museum. The photo on the right was taken in 1977 just after the engine and car were transported to Fort Lewis.



Photo taken at Fort Lewis, military museum 1977



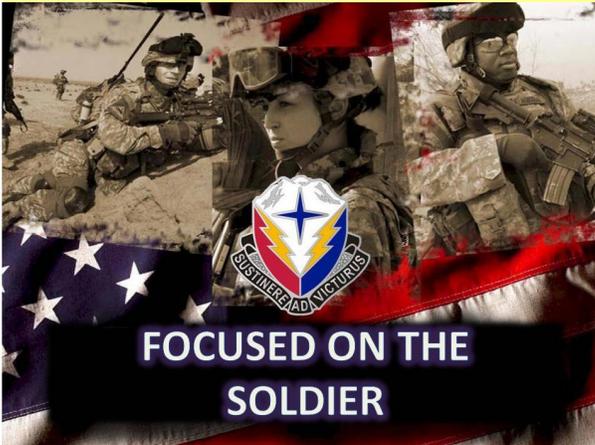
Some Things to Think About



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40th Army Field Support Brigade World Wide Web Site



**FOCUSED ON THE
SOLDIER**

<http://www.lewis.army.mil/afsc/>



Hands-Only CPR

Experts now believe an ADULT who suddenly collapses due to cardiac arrest has enough air in his/her lungs and blood during CPR and doesn't need mouth-to-mouth breathing.

If you see someone collapse, call 911.

Position unresponsive adult.

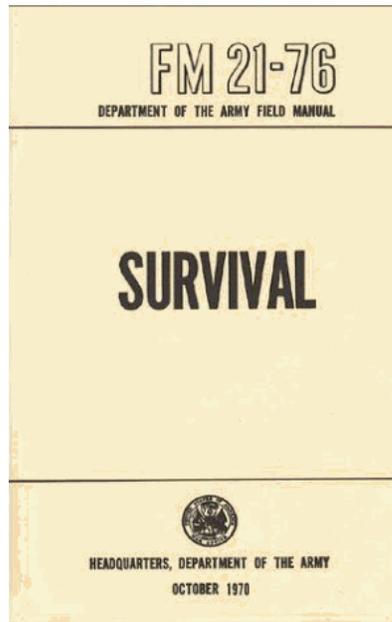
Use an Automated External Defibrillator if available. Keep CPR interruptions to a minimum.



Begin hands-only CPR with straight arms and forceful compressions at about 100 a minute.

Lift hands slightly after each compression to allow chest to recoil.

Take turns with a bystander until Emergency Medical Services arrive.

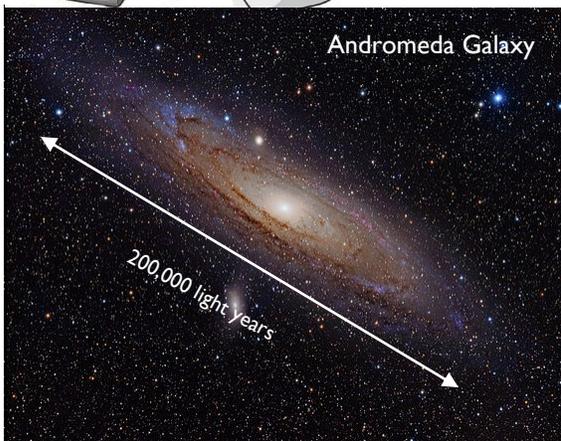


[Something for your home survival box](#)

Do all family members know:

1. Where the home electrical breaker box is and how to reset a circuit?
2. Where the water shut off valve is for the house? Is a special tool required?
3. Where the gas shut of value is for the house?
4. Where the fire extinguishers are?
5. Where the emergency supplies are located?
6. Where the rally point is after home evacuation?
7. Basic first aid ([New CPR Procedures](#))

Andromeda Galaxy



What is the distance of a light year? 5.8 Trillion Miles. Andromeda is the closest galaxy to planet Earth, 2.5 Million Light Years....do the math.



Use of Human Chorionic Gonadotropin (HCG) Products violates the UCMJ

I have known a great many troubles, but most of them never happened.



Mark Twain

